

FIRST SUNDAY



A respite care program designed to support caregivers of people with Alzheimer's disease and other progressive memory disorders.

Caregivers can spend an afternoon to themselves away from the rigors of caregiving, while their loved one enjoys an afternoon of structured activities at Hope Alzheimer's Center.

Program will be staffed by Hope Center employees who are skilled in providing care to people with memory impairments, plus volunteers from St. David's Episcopal Church and Bishop Hendricken High School. Activities may include: gardening, outdoor walks, music, art, crafts, cooking, tai chi, yoga for seniors, exercise & many others.

Offered in partnership by Catholic Social Services of RI and Hope Alzheimer's Center

WHEN:

**First Sunday of April,
May & June from
1 – 4:30 p.m.**

WHERE:

**Hope Alzheimer's
Center
25 Brayton Avenue
Cranston, RI 02920**

REGISTRATION:

**Pre-registration is
required at least one
week in advance.
Space is limited to
25 people.**

**Call the Hope
Alzheimer's Center
at (401) 946-9220.**

FEES:

**First Sunday is
offered at no cost
with funding from
the National Family
Support Program.
Participants need
not be enrolled at
Hope Alzheimer's
Center.**